### How do I join?

If you would like to join the PPG there are a number of ways to get involved.

- Complete the form below and hand it to a member of the Reception Team. We need an update to mobile number and email address so we can keep in touch.
- 2. Email us at wideway.ppg@nhs.net
- 3. Sign up via our website
- 4. <u>https:www.widewaymedicalcentre.nhs</u> .uk/navigator/patient-participationgroup-registration/

	I would like to join Wide Way PPG.
	Name:
	Date of Birth
	Email Address
	Mobile Number
1	

# Who else will be able to access my contact details?

Your contact details will be kept safely and securely at the practice and will only be used to inform you of meetings, events and minutes. They will not be shared with anyone else.

# How will I know what's going on with the PPG?

We have a dedicated PPG page on our practice website as well as a community notice board in the Waiting Room. We will also send text message reminders about upcoming events. Meeting dates, agenda and minutes are published on our practice website.

www.widewaymedicalcentre.nhs.uk

What if I no longer wish to be a member of the group or I leave the surgery? Simply request that your account be closed.

You will automatically be removed from the PPG if leave the surgery.

## Would you like to help improve your GP practice services?



### Wide Way Medical Centre

### **Patient Participation Group**

## What is the Patient Participation Group or PPG?

A Patient Participation Group (PPG) is a group of people who are patients of the surgery and want to help it work as well as it can for patients, doctors and staff. The NHS requires every practice to have a PPG.



### Why should I join?

You have been to the surgery as a patient, parent, carer or friend.

Your experiences matter and you can bring different ideas to the surgery to help us treat patients better or to improve what we do in some way.

You will also gain a better understanding of the NHS, and gather feedback from other patients.

#### How often do the group meet?

We aim to meet every 2 months as a PPG. We vary the meeting times throughout the year to try and give everyone a chance to attend. We appreciate you are busy and may not be able to make it every meeting. We encourage PPG members to submit agenda items ahead of the meeting, this can be done by email, and we will feedback to you via the meeting minutes.

### **Primary Care Network PPG**

This is about our GP practices working together, sharing ideas and developing new ways of working. As a group of 5 practices we are committed to work more closely together

We are part of the wider PCN PPG along with 4 other local practices. As we grow our services a number of these will be shared across the practices.

Representatives from each Practice PPG meet quarterly to share ideas and feedback on how the network is progressing.

#### What projects are the PPG working on?

We established our Wide Way Walkers in May 2019. Patients meet at the practice on the first Thursday of every month at 11am and set off on a walk around the local green spaces. It's a great chance to get outdoors, explore the community and meet new people.

We are also launching a **Gardening Club** in Summer 2020. We will be raising funds through our coffee morning and a raffle to purchase tools, plants and seeds for the community garden.

Our Warm & Well Event with Wimbledon Guild in November 2019 was a hit with our patients. Local providers came together to tell patients all about the fantastic services available and gave practical advice about keeping healthy during the winter months.

We will also be hosting regular **coffee mornings** at the practice promoting local services and workshops on managing long term conditions and minor ailments.

We'd love to hear your ideas for future events and workshops—get involved!